

MENU A

MONDAY

Grilled Beef Burger with Cheese & Relish

Or

Vegetarian Hot Dog with Onions

**Both Served with a Jacket Potato & Baked Beans
Yoghurt, Fresh Fruit or Frozen Yoghurt**

TUESDAY

Homemade Chicken Tikka Masala

Or

Homemade Mushroom Stroganoff

**Both Served with Steamed Rice & Naan Bread
Yoghurt, Fresh Fruit or Frozen Yoghurt**

WEDNESDAY

Homemade Spaghetti Bolognese

Or

Macaroni Cheese

**Both Served with Mixed Salad & Garlic Bread
Yoghurt, Fresh Fruit or Frozen Yoghurt**

THURSDAY

Roast Pork Steak with Apple Sauce & Gravy

Or

Homemade Vegetarian Cottage Pie

**Both Served with Roast Potatoes & Baby Carrots
Yoghurt, Fresh Fruit or Frozen Yoghurt**

FRIDAY

**Oven Baked Cod Fishcakes Served with
French Fries or New Potatoes & Minted Peas
Vegetarian Pasta, Pizza, Jacket Pots & Salads
Yoghurt, Fresh Fruit or Frozen Yoghurt**

**Don't forget - Donuts from lower school outlet!
Don't forget - Paninis from lower school outlet!**

MENU B

MONDAY

Homemade Toad in the Hole

Or

Vegetarian Meatballs in a BBQ Sauce

**Both Served with Roast Potatoes & Sweetcorn
Yoghurt, Fresh Fruit or Frozen Yoghurt**

TUESDAY

Homemade Beef Stew & Dumplings

Or

Home Baked Cheese & Onion Pasty

**Both served with Mashed Potato & Peas
Yoghurt, Fresh Fruit or Frozen Yoghurt**

WEDNESDAY

Chinese Pork Steaks

Or

Vegetable Spring Roll with Sweet & Sour Sauce

**Both Served with Bean Sprout Noodles
Yoghurt, Fresh Fruit or Frozen Yoghurt**

THURSDAY

Roast Chicken with Stuffing & Gravy

Or

Homemade Lentil Loaf

**Both Served with Roast Potatoes & Cauliflower
Yoghurt, Fresh Fruit or Frozen Yoghurt**

FRIDAY

Breaded Scampi Served with

**French Fries or New Potatoes & Minted Peas
Vegetarian Pasta, Pizza, Jacket Pots & Salads
Yoghurt, Fresh Fruit or Frozen Yoghurt**

Don't forget - Paninis from lower school outlet!

MENU C

MONDAY

Homemade Chicken, Leek & Sweetcorn Pie

Or

Home Baked Breaded Vegetable Kiev

Both Served with Potato Dice & Green Beans

Yoghurt, Fresh Fruit or Frozen Yoghurt

TUESDAY

Homemade Lasagna

Or

Homemade Spinach & Ricotta Cheese Cannelloni

Both Served with Mixed Salad & Garlic Bread

Yoghurt, Fresh Fruit or Frozen Yoghurt

WEDNESDAY

******* FAJITA DAY! *******

Choice of Salmon, Chicken or Vegetarian

All Served with Mexican Salad &

Sour Cream Dressing

Yoghurt, Fresh Fruit or Frozen Yoghurt

THURSDAY

Roast Beef with Yorkshire Pudding & Gravy

Or

Homemade Cauliflower Cheese

Both Served with Roast Potatoes & Mixed

Vegetables

Yoghurt, Fresh Fruit or Frozen Yoghurt

FRIDAY

Oven Baked Battered Haddock Served with

French Fries or New Potatoes & Minted Peas

Vegetarian Pasta, Pizza, Jacket Pots & Salads

Yoghurt, Fresh Fruit or Frozen Yoghurt

Don't forget - Doninis from lower school outlet!
Don't forget - Paninis from lower school outlet!